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Week ending Friday October 21, 2016

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Local News

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Barnardo's targets child sexual exploitation

ONE of the country's biggest children's charities has launched a campaign fighting the sexual exploitation of children in Barking and Dagenham.

Barnardo's Stop it Before it Starts week aims to educate people that victims of sexual abuse do not all fall into one category.

Nisha Devgan, one of a number of experts leading the project, will specifically focus on developing strategies protecting children with autism and learning difficulties within Barking and Dagenham.

She spoke of her desire to work with other organisations to help save the most vulnerable from abuse.

She said: "Sexual exploitation is a danger to all children and young people and those who have learning disabilities can be at greater risk of being targeted."

"I want to help families and voluntary and community sector workers, and volunteers in Barking and Dagenham, understand those risks so they are better equipped to look out for the signs that sexual exploitation may be happening."

To find out more about the service contact Barnardo's Pan-London Child Sexual Exploitation and Trafficking Service on 020 7700 2253 or email sbs@barnardos.org.uk.



CAMPAIGN: Claire Ruggier, left, Jessica Juon, Serrina Lobban and Rich Faulding launching the Stop it Before it Starts programme

GAS BLAST CASH GANG



DEBRIS: The cash machine destroyed by thieves

By Rudi Abdallah

waltham@yellowad.co.uk

ROBBERS who used gas to blow apart a cash machine risked injuring themselves or the public, said detectives.

Police are continuing to appeal for information following the raid.

Police were called to Ripple Road, Barking, at 3.50am on Monday, October 10 to reports of a cash machine exploding.

Officers discovered gas canisters had been used to get at the cash and the machine was destroyed.

There have been no arrests.

Detective Constable Katie Scott said it was fortunate that no casualties were reported, considering the dangerous way in which the gang got the money.

She said: "The method used by these suspects is incredibly dangerous."

"It is fortunate that no one – including themselves – was injured during this robbery."

She added: "I would appeal to anyone who saw or heard anything suspicious to contact police."

To give information call police on 101 or Crimestoppers anonymously on 0800 555 111.

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NEWS

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Tickets to see horror classic Frankenstein

BLACKEYE Theatre's new stage adaptation of Mary Shelley's gothic horror masterpiece, Frankenstein, will arrive in Basildon in time for Halloween and your *Yellow Advertiser* has FOUR pairs of tickets to give away to see it.

Marking the 200th anniversary of the creation of Frankenstein, this unique production has been adapted by John Ginman and features a 6ft 4in Bunraku-style puppet that has been designed and built by Yvonne Stone (Warhorse, His Dark Materials) to portray The Creature.

Fusing bold ensemble storytelling, music, puppetry and stunning theatricality the production, which is on a five-month UK tour, has created a fresh telling of what has become a landmark work of literature.

In Geneva in 1816, Victor Frankenstein obsesses in his pursuit of nature's secret, the elixir of life itself, but nothing can prepare him for what he creates.

So begins a gripping life or death adventure taking him to the ends of the earth and beyond.

The production, which is supported by The National Lottery through Arts Council England, will be at Towngate Theatre, Basildon, on Monday, October 31, and Tuesday, November 1, with tickets available from £17.50 to £23.50 (concessions £2 off).

For more information and tickets to



GOTHIC: Ben Warwick is Victor Frankenstein and right, centre, with co-stars Max Gallagher (Henry Clerval) and Lara Cowin (Elizabeth Lavenza)



see Frankenstein, which is not recommended for children under the age of 11, visit www.towngate-theatre.co.uk or call the box office on 01268 465465.

For a chance to win one of four pairs of tickets to see Frankenstein at 7.30pm on Monday, October 31, answer this question.

Q: What is Dr Frankenstein's first name?

**A: Victor
B: Vernon**

C: Vincent

To enter the competition telephone your answer - A, B or C - to 0901 307 1671 with your name, address, telephone number and email. Alternatively text YAFRANK (space) followed by A, B or C, and your name, full address and email to 63333.

Calls cost 50p per call plus your phone company's access charge. Calls from mobiles will cost considerably more. Texts cost 50p plus your standard network rates.

If you do not wish to receive details on any other products or services, text EXIT at the end of your message.

Lines close on Thursday, October 27. Entries received after the closing date will not be counted but may still be charged. Service Provider: JMedia UK Limited, RH16 3EG. Tel: 020 7720 7130.

T&Cs: Tickets are only valid for 7.30pm on Monday, October 31, 2016, and cannot be exchanged for another performance or different production, or refunded for the cash equivalent.

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Teacher in running for national award

CLASSROOM STAR:
Adnan Mahmood



A TEACHER from Barking and Dagenham College is in the running for a prestigious award for services to his profession.

Adnan Mahmood, who was nominated by pupils, parents and colleagues at the college, will attend a ceremony on Sunday, October 30 at The Guildhall, where he will discover if he has won the UK Pearson Teaching Award.

Mr Mahmood was one of only 52 teachers nationwide to receive the Silver Teaching Award in June, in the category FE Lecturer of the Year.

He began teaching maths at the college in 2012 then moved to business studies.

He also became one of the college's enterprise leaders.

Hugh Dennis, star of BBC1 sitcom *Outnumbered*, will host the event.

The Pearson Teaching Awards is an annual celebration of exceptional teachers and teaching.

Lord Putnam, who founded the awards in 1999, wanted to honour the achievements of teachers who helped to transform the lives of pupils.



TEAM EFFORT: Students and graduates from Barking and Dagenham College with business teams at the football tournament for Haven House

STUDENTS and graduates from Barking and Dagenham College raised more than £1,200 for Haven House Children's Hospice in a football tournament.

Businesses also participated in the contest at the college's grounds which

Footballers net hospice cash

saw 16 teams compete in matches modelled on the format of the European Championships.

Mike Palfreman, chief executive of the hospice in High Road, Woodford

Green, thanked players and praised the turnout.

He said: "Congratulations to all of the teams who took part in a brilliant afternoon of football for life-limited children and their families

in our local area.

"It was great to see so many local businesses raising funds for our cause and we would like to thank Barking and Dagenham College for putting on a

fantastic event."

Businesses involved included K&M Decorating, who entered five teams, Pimlico Plumbers, who entered one and HSS Plant Hire, which also entered one.

Each team represented a different nation.



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NUMBERS GAMES: Maths day at Harold Court Primary School Photos by Martin Dalton



Making maths fun and boosting skills



HAROLD Court Primary School launched a maths week to help improve children's numeracy skills. Pupils at the school in Church Road, Harold Wood, took part in a range of activities last week designed to improve their confidence handling maths-based problems and everyday tasks involving numbers.



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COMPETITION

Pet selfies



LAST YEAR'S WINNER:
Niamh Connelly-Joyce
from Leigh-on-Sea and
her hairless cat Percy
Photo by Mark Cleveland

Get in the picture with a super canvas prize

IT'S time to get your pets in the picture again as we launch the *Yellow Advertiser* Pet Selfie Competition for 2016.

From stick insect to Great Dane, grab your phone or camera, set it to high resolution and send us a photo of

you with your animal pal.

Closing date is Monday, October 31 and the entries will appear in your *YA* during November.

The winner, chosen by a phone and text vote, will receive a large canvas of their photo and a certificate

declaring them the *YA* king or queen of the pet selfies for 2016.

Email your photograph as a high resolution JPEG with your name, age, your pet's name, address and phone number to: letters@yellowad.co.uk.

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NEWS

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Landlord convicted over tenancy scam

A CON artist who stole rental deposits from ten potential tenants for bogus rooms advertised in Waltham Forest has been spared jail.

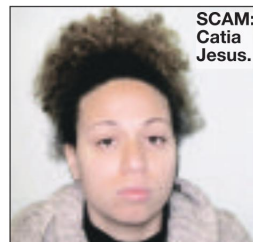
Catia Jesus, 25, of Brenthouse Road, Hackney, pleaded guilty to five counts of theft at Snaresbrook Crown Court on Wednesday, October 5. She was charged in June this year.

She received a nine-month sentence, suspended for 18 months, as well as 200 hours' unpaid work and was ordered to pay a £100 victim surcharge.

Jesus advertised a room in Exmouth Road, Walthamstow, as well as in Hackney and Tower Hamlets.

She would take prospective tenants to see a room of a house she was renting at the

time in Exmouth Road, telling them the actual room for rent was in a different address on the same road.



SCAM:
Catia Jesus.

Her victims were told the tenants had not yet moved out and handed Jesus initial rent and deposits between £185 and £540 for rooms that did not exist.

Jesus told the victims they could move in on Sunday,

February 8, 2015. However, Jesus would send each prospective tenant a text a few days before the date saying the tenant was not moving out, asking them to delay.

Six victims, suspicious of Jesus's actions, turned up at her house on Monday, February 9, 2015 to speak to her.

They all realised they had been conned when they discovered they had paid a deposit for the same room.

The police were called after the victims confronted Jesus, who claimed she would return the deposits on Wednesday, February 11.

She was arrested on suspicion of fraud by officers on February 11 after she said she could not refund the victims their deposits.

Friends continue in NHS charity race

FRIENDS Jon French and Robert Earthy celebrated after completing and family took part in the Royal Parks Half Marathon on Sunday.

Jon and Robert aim to raise funds for the Princess Alexandra NHS Trust Charitable Fund. For more visit: <https://www.justgiving.com/fundraising/Jon-French3>



CHARITY:
(l-r) Lucy, Jon, Beth, and Robert Earthy

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Police in plea over no-show drug suspect

'Do not approach' missing East London man

A MAN "who should not be approached by the public" is still at large in Waltham Forest.

Police have appealed for information on Quincy White, 26.

He allegedly failed to attend a hearing at Romford Magistrates' Court on Thursday, September 13, where he was meant to answer charges relating to alleged drug offences.

The court issued an arrest warrant after he did not show at the hearing.

White is described as black, around 6ft tall, with a stocky build and a tattoo on the inside



WANTED: Quincy White

of his arm – saying 'what ever doesn't kill me makes me stronger'.

White is known to frequent Ilford, Hainault, Walthamstow and Wanstead, and is known to drive a silver Vauxhall Corsa.

Police have urged anyone who sees White not to approach him and instead call 999 immediately.

Anyone with information about his whereabouts has been urged to contact the Waltham Forest police via 101, or call Crimestoppers anonymously on 0800 555 111 or within an online form at www.crimestoppers-uk.org.



DEAD: A third arrest has been made in connection with the alleged murder of Raja Ali

Third man in 'murder' trial

A THIRD man has been charged in connection with the alleged murder of Raja Ali in Dagenham on September 25.

Daniel Welch, 33, of Winstead Gardens, Dagenham, was charged early on Wednesday, October 19, and was due to appear at Barkingside Magistrates' Court later the same day.

Two other men have been remanded to the Old Bailey –

also charged with murder.

Abubaker Omar-Bana, 'E', 25, of Rochford Close, East Ham, will next appear at the Old Bailey on December 19. The other man is Mussa Jalo, 'F', 21, of Norfolk Road, Dagenham.

Five other men, aged 21, 'A', 21, 'B', 21, 'C', 26, 'D' and 27, 'H', were arrested and bailed to return at later dates in mid-November pending further questioning.

RICKY DEATH SUSPECT

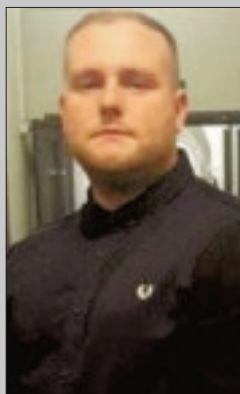
A FOURTH man has been arrested on suspicion of murder and attempted murder in connection with the death of Ricky Hayden.

The 19-year-old attended an east London police station on Tuesday, October 11, and was arrested.

He has since been bailed and will return in early December for further questioning.

Mr Hayden, 27, died from stab wounds following an incident outside his home in Gibbfield Close, Chadwell Heath on September 13.

Two teenagers, one aged 19 and another 16, were



STABBED: Ricky Hayden

arrested on suspicion of murder in the early hours of Wednesday, September 14.

The 19-year-old was bailed and will return to a police station in mid-November for further questioning.

The other was also bailed but will not be questioned further.

Tommy Roome, 19, of Rams Grove, Romford, was charged with murder on Thursday, September 22.

He is currently remanded to appear at the Old Bailey on December 13 for a plea and case preparation hearing.

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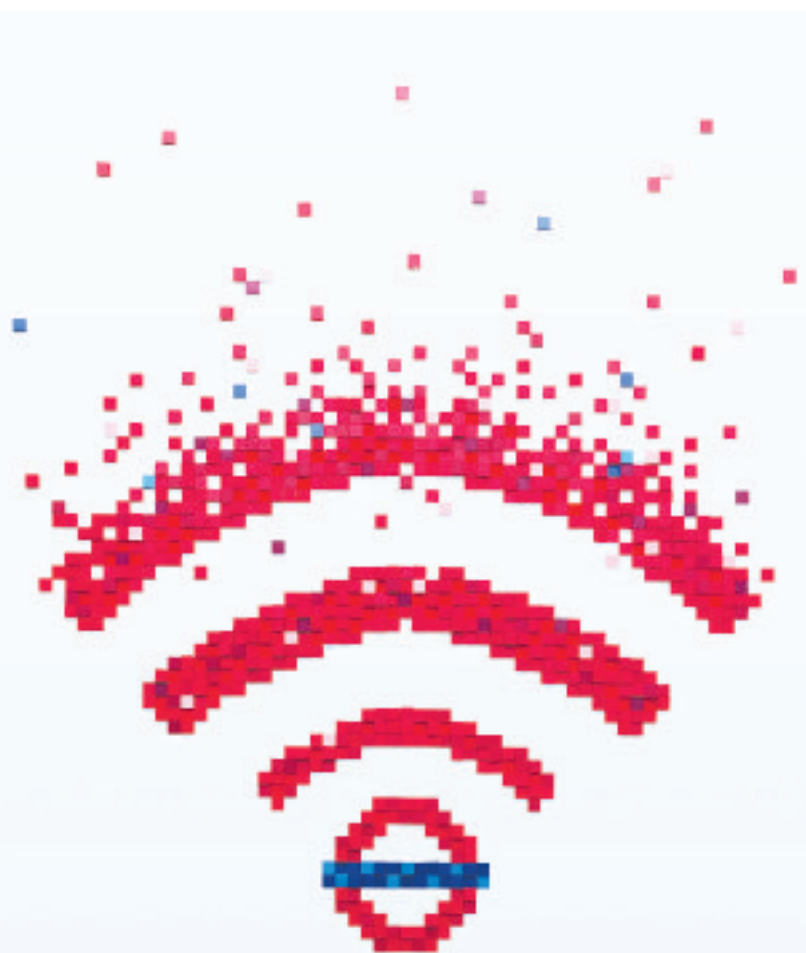
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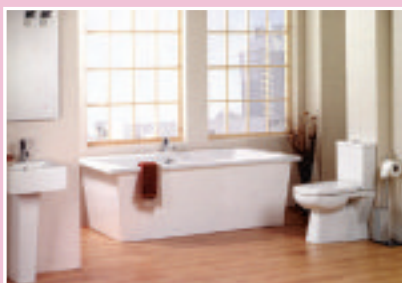
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CRYPTIC CLUES ACROSS

7. Meal which can take an eon (5)
8. A very small part in any body (7)
9. Plotted to burn a man (7)
10. Giant may become tense, say (5)
12. Does such labour involve using an instruction book? (6, 4)
15. Certainly not credit terms (5-5)
18. Places where drays are reconstructed (5)
19. The city has the money (7)
21. Noblewoman with a Dutch game (7)
22. It's true the motorway leads to the kingdom (5)

DOWN

1. Put cash on a horse, but not to win (5, 5)
2. Cain's upsetting the Peruvian Indians (5)
3. Talk of a bird (4)
4. Carriage seen in April and August (6)
5. Bill eats out at a famous French prison (8)
6. Bridge is a card-game (7)
11. It might barely be alight (5, 5)
13. A communist gets the others taken into custody (8)
14. Greed of a girl getting food (7)
16. Remove the tax (6)
17. Take the least possibly (5)
20. A section of a carriage is returned (4)

QUICK CLUES ACROSS

7. Dodge (5)
8. So soon (7)
9. Urgent (7)
10. Form (5)
12. Reporter (10)
15. Infertility (10)
18. Be (5)
19. Sailor (7)
21. Clique (7)
22. Consecrate (5)

DOWN

1. Distressing (10)
2. Funny (5)
3. Unoccupied (4)
4. Badinage (6)
5. Intrude (8)
6. Devilish (7)
11. Undertaking (10)
13. Capsize (8)
14. Weakness (7)
16. Figure (6)
17. Bury (5)
20. Gown (4)

Last week's solutions

Across: 1. Favourite; 8. Ego; 9. Philanderer; 11. Ancient; 12. Alibi; 13. Lunacy; 15. Red-set; 17. Torso; 18. Affable; 20. Impermanent; 22. Net; 23. Rewarding.
Down: 2. Ash; 3. Thane; 4. Oddity; 5. Surface; 6. Permissible; 7. Committee; 10. Incongruity; 11. Allotment; 14. Chopper; 16. Narrow; 19. Friar; 21. Nun.

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Dreams do come true!

Charity helps girl with rare condition to sing with X Factor's Nicole

By Rudi Abdallah

waltham@yellowad.co.uk

A SERIOUSLY ill girl is set to fulfil her dream of performing with singer Nicole Scherzinger.

Renee Stafford, 12, from South Woodford, will take to the stage alongside the X Factor judge to perform a unique song at the SSE Arena, Wembley, for the Rays of Sunshine Concert on Monday, October 24.

Her wish was granted by Rays of

Sunshine, the charity that runs Renee's group of 15 children with life-limiting illnesses, called the Ray of Sunshine Wish Choir. Renee suffers from Hirschprung's disease, a rare disorder of the bowel.

Other acts confirmed include Conor Maynard, Shawn Mendes and Louisa Johnson, the reigning champion of X Factor. George Shelley and Lilah Parsons, breakfast DJs from Capital Radio, will host the event.

Ms Scherzinger said: "I am super-excited

to perform at the Rays of Sunshine Concert at the SSE Arena, Wembley, in October.

"I can't wait to take to the stage and help Rays of Sunshine brighten the lives of many more brave and deserving children.

"This concert is such a unique event, with more than a thousand seriously ill children in the audience, that it's an absolute honour to be a part of it. It's going to be a fantastic show."

For more about the children's charity go to <http://raysofsunshine.org.uk>.



RAYS OF SUNSHINE: Renee Stafford (back, far left) will perform alongside Nicole Scherzinger

NEWS IN BRIEF

● A MAN rescued from a flat fire in Elgin Road, Ilford, on Tuesday died later in hospital.

Part of the ground floor was damaged by the fire. Crews were called at 10.55am and extinguished the blaze at 12.26pm.

The cause of the fire is under investigation.

● A HALLOWEEN production featuring a ghost story from author Linda Rhodes will be shown at Studio 3 Arts on Sunday.

The specially commissioned ghost story, inspired by a boiler explosion in Barking in 1899, will feature in Ghost Stories, a show featuring ghostly tales from across the country.

Puppeteers will animate ink and pen drawings inspired by visits to schools to create an animated film.

An ensemble of musicians will accompany them on stage to provide the soundtrack.

Adult tickets cost £8, a child ticket is £4 and a family ticket for two adults and two children costs £20.

The show is made by The Paper Cinema, a production company formed in 2004 by Nicholas Rawling, Imogen Charleston and Christopher Reed, which tours "bespoke pieces" around the world.

● THE roof of a doctors' surgery in Walthamstow was gutted in a blaze that took 35 firefighters five hours to extinguish on Saturday.

Crews from Walthamstow, Hornsey, Woodford, Leyton and Tottenham were called to the scene at 3.09pm to a surgery under refurbishment on Claremont Road.

Part of the building's first floor was damaged.

The fire was extinguished at 8.09pm.

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WHAT'S ON

To have your event considered for publication, send the details AT LEAST 10 DAYS before the issue date to: What's On, Yellow Advertiser, Acorn House, Great Oaks, Basildon, SS14 1AH. You can e-mail us at: letters@yellowad.co.uk PLEASE NOTE: We cannot guarantee that all entries will be included. However, you can add the details of your event to our website at www.yellowad.co.uk

Friday, October 21

■ Redbridge 18-Plus – York Room, Central Library, Clements Road, Ilford.

Saturday, October 22

■ Tennis – small club in Ilford, we play Sat pm, Sun am and three weekday afternoons, over-50s welcome, details Tom 020 8593 4365 or John 020 8592 1609.
■ Ante-natal Yoga – Quaker Meeting House, Bush Road, Wanstead, E11, Sat 10am to noon, Mon 6.45-8.45pm, post-natal yoga, Sat 12.05-1.15pm. 020 8923 6452.

Sunday, October 23

■ Ilford & District C.H.A Rambling Club – morning walk, meet 10.30am at Cutty Sark DLR station. 020 8926 4593.
■ One Day Workshop – printmaking, 10am-3pm, Buckhurst Hill Community Association, Bedford House, 4 Westbury Road, IG9 5NW, £24, 020 8504 6668.
■ Strides Badminton Club – Wanstead Leisure Centre, Redbridge Lane West, 3.30pm, new members welcome, aged 18 and over, all levels, details Mark 020 8598 8435 (before 9.30pm).
■ Sunday Service – Lighthouse Chapel International Church, Outset Centre, Frederick Street, Walthamstow, 11am-1pm. 07974 108350.
■ Sunday Services – Kings Road Baptist Church, Chingford (junction of Kings Road and Scholars Road), 11am and 6.30pm.
■ Sunday Services – Higher Life Christian Centre, Forest YMCA, 642 Forest Road, Walthamstow, 10am to noon.
■ Learn to Dance Modern Jive – Hainault Forest Community Centre, 7-10.30pm. 07768 005858.

Monday, October 24

■ Short Mat Bowls – Warren Heath Short Mat Bowls Club, Warren Junior School,

Gordon Road, Chadwell Heath, 7pm, details Tony or Heather 01708 340874.
■ Music Listening Appreciation Group – Rectory Library, Rectory Road, Dagenham, 7pm, admission free. 020 8592 8821.
■ Rehearsals – Redbridge Ladies Choir, Palmer Catholic Academy, Seven Kings, 7.45-9.15pm, new members welcome. 020 8551 9895.
■ Rehearsal – The Roding Players Orchestra, Roding Valley High School, Alderton Hill, Loughton (opposite Underground station), 7.15pm, new members welcome. 020 8505 4329.
■ Forest Highlanders Pipes and Drums – St Cedd's Church, Seven Kings, 8pm.
■ Bingo – Friday Hill Community Association, Coney Burrows Community Hall, Friday Hill, E4, 1.30pm.
■ Multi-denominational healing – Redbridge Healing Centre, IRDSA Hall, Craven Gardens, Barking, IG6 1PS (next to car park, Fullwell Cross roundabout), 7-9pm, no charge, 07971 536581/556490 or 07821 969405.
■ Yoga Classes – The Peterhouse Centre, Walthamstow, 1-3pm and Tiptree Community Hall, Barking, 7.30-9.30pm, call Kay Russell 020 8554 7168.

Tuesday, October 25

■ Stroke Club – Parkside Stroke Club, Parkside Community Centre, Goodmayes Lane, 1.30-4pm. 020 8595 3973.
■ Coffee Shop – Eastern Avenue Baptist Church, East Road, Chadwell Heath, 10am, games, videos, friendship, all welcome. 020 8599 1479.
■ Club – Barking and Dagenham 18-Plus, The White Horse Inn, 118 High Road, Chadwell Heath, ages 18-35, 9pm, free trial membership, details Joe 07956 669339.
■ Duplicate Bridge – Parkside Community Centre (corner of Goodmayes Lane and Longbridge Road), Barking, 1.30-4.30pm, regret no beginners, call Jim (pref. evenings 5.30-6.30pm) 020 8592 0397.
■ Rehearsals – Chapel End Savoy Players, St John's Church, Chingford Road, Walthamstow, 8-10pm. 020 7474 7926.
■ Gilbert and Sullivan, songs from the shows, old time music hall.
■ Come Sing With Us – Pearl Hiller Concert Choir, Gants Hill, 1.30-3.30pm, call Pearl 020 8554 1240.
■ Chadwell Heath Canasta Club – Chadwell Community Centre, High Road, Chadwell Heath, RM6 6AS, 7pm, all welcome, from beginners (we will teach you). 020 8599 6638.
■ Barking Road Runners – Barking Abbey School Leisure Centre, Woodbridge Road, 7.15pm, for experienced or fun runners,

over 16 years. 020 8594 4602.
■ Whist Drive – British Legion Club, Ilford, 7.45pm. 01708 555478.
■ Line Dancing – Walthamstow Trades Hall, intermediate, 8-11pm. 07968 036373.
■ Circle Dancing – King Solomon High School, Barking, 8-10.30pm, no partners necessary, details 07956 592938.
■ Square Dancing – American Square Dance Club, Fullwell Cross Library, Barking, 8-10.30pm, beginners welcome.
■ Tea Dance – Woodward Hall, Woodward Road, Dagenham, mainly ballroom and Latin American, 2-4pm. 020 8592 8402.
■ Redbridge Folk Dance Group, King Solomon High School, Forest Road, Barking, 8-10pm. 020 8559 8505 (eve).
■ Salsa classes – Latin aboard the Tereza Joanne moored at King George V Dock, E16, 7.30pm. 020 7511 5000.
■ Fitness classes – Wesley Hall, Methodist Church, Loughton High Road, 10.30-11.45am, safe, fun, 020 8508 3346.
■ Sahaja Yoga Meditation – 1a Jewel Road, Walthamstow, learn to meditate, relax, de-stress, free weekly classes, 7.30pm, beginners welcome. 07931 851954.
■ Yoga Classes – Redbridge Social Centre, rear of 188/190 Beehive Lane, Ilford, for beginners and mixed ability, 2-3.30pm and 7.30-9pm. 020 8550 0689.
■ St Francis Mother and Toddler Club – Evangelical Church, Fencepiece Road, Barking, 1.30-3pm, adults £1, children free entry.
■ Duckling Club – Parent and Toddler Group, Ley Street Chapel, 367 Ley Street, Ilford, 10am to noon. 020 8514 1255.

Wednesday, October 26

■ Badminton player required to join small friendly group, 8.30-10.30pm, Higham Hill area Walthamstow, 020 8527 7234.
■ Talking Hands – club for the deaf and hard of hearing, 10.45am-2.45pm, York Room, Ilford Library.
■ Table Tennis – Forest Community, Guildford Road, Walthamstow, 8pm, new members welcome, Ray 020 8524 4289.
■ Friends Club – St Cedd's Church Hall, Blythwood Road, Seven Kings (opposite Homebase), 1-4pm, short mat bowls and snooker, 50p per session.
■ Live Blues Jam – Coach and Horses, 391 High Road, Leyton, guests, regulars and house band, £2 listeners, £1 musicians, all welcome, singers and drummers especially, 8.30-11.30pm. 020 8502 0351.
■ Ilford No. 1 Senior Citizens Club – St John's Church, St John's Road, Seven Kings, IG2 7BB, 1-3pm, details Helen 020

8590 7291.
■ Social Club – Wanstead House, The Green, E11, 8.30-10.30pm. 020 8514 8046.
■ Bingo – Royal British Legion Club, 31 Dunton Road, Leyton, 7.30-10pm.
■ Clairvoyance – Little Ilford Christian Spiritualist Church, Third Avenue, Manor Park, spiritual healing 12.30-1.45pm, services with clairvoyance 2pm and 7.30pm, donations accepted. 020 8514 4030.

Thursday, October 27

■ Keep Fit for over-50s – Debden Park Community Association Hall, Willingale Road, 10.30am. 020 8508 3346.
■ Weekly 'drop-in' – friendly people who just want an afternoon of company, St Andrew's Church, Church Road, E17 6AR, 2-4pm.
■ Circle Dancing to World Music – Quaker Meeting House, 1a Jewel Road, Walthamstow, 2-4pm, £4, beginners welcome, no partner needed, Pat 020 8556 3508.
■ Ilford Centre Townswomen's Guild, St Alban's Church Hall, Albert Road, E2-4pm.
■ Wanstead Rotary Club – County Hotel, South Woodford, 1-2.15pm, call David 020 8999 2701.
■ Barking and Dagenham Friendship Club – Methodist Church, London Road, Barking, 2-4pm, £1.50, for people who have had a sad loss. 020 8594 6409.
■ Rehearsals – Woodford Symphony Orchestra, 020 8504 7783.
■ Dagenham Camera Club – Wantz Library, Rainham Road North, 8-10pm. 020 8525 2934.
■ Forest Creative Writers Group – Jazz Archive Room, Loughton Library, Traps Hill, Loughton, 12.45-2.45pm.
■ Friends Club – St Cedd's Church Hall, Blythwood Road, Seven Kings (opposite Homebase), 50p per session.
■ Redbridge Stroke Club – Loxford Youth Centre, 2-4pm. 020 8220 5878.
■ Indoor Short Mat Bowling Group – Buckhurst Hill Baptist Church, Palmerston Road, Buckhurst Hill, 8-10pm, facilities for disabled players, call Ken 020 8504 9044.
■ Evening of clairvoyance – Friends of Light and Healing, Kingsley Hall, Kingsley Road (Debden), Loughton, 8pm.
■ Church service with clairvoyance – Barking Christian Spiritualist Church, IRDSA Hall, Craven Gardens, Barking, 2.30pm, free admission. 07930 231189.
■ Spiritual healing – Wanstead Library, Churchill Room, Spratt Hall Road, Wanstead, 6-7.45pm

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O'S HUMBBLED BY HATTERS

Football

Leyton Orient 1 Luton Town 2
Sky Bet League Two

By Rowland Lyons at the Matchroom Stadium

ALBERTO CAVASIN'S O's slumped to their sixth home defeat of the season after succumbing to Cameron McGeehan and Danny Hylton strikes.

Ollie Palmer at least ended the east Londoners' goal drought – but it was too little, too late.

Still without suspended skipper Robbie Weir and the injured Liam Kelly, Cavasin handed the captain's armband to stalwart Nicky Hunt. Nigel Atangana, Sandro Semedo and Palmer earned recalls.

The high-flying Hatters made a bright start, with dangerman Hylton shooting over in the second minute, before the O's hit back, with Sandro Semedo's cross nearly fumbled into his own goal by Luton keeper Christian Walton.

Palmer was then inches away with a diving header, before sustained Hatters' pressure saw Alex Cisak stretched by McGeehan's 15-yard pot-shot.

Wideman Gavin Massey then brought the best out of Alan Sheehan with a smart 28th block as the O's began to press.

However, their failure to capitalise proved costly when Jay Simpson clumsily lost possession on 31 minutes. Alex Gillead then found Jack Marriott, whose initial effort was only parried by Cisak, and McGeehan was on hand to net with the easiest of tap-ins.

That strike knocked the stuffing out of the O's, and sensing a mauling, the visitors nearly doubled their lead when Marriott got



NO EXCUSES:
Ollie Palmer

in an effort that Tom Parkes finally did well to block.

Despite a promising start to the second half, with Atangana and Simpson shooting over, the Hatters were a cigarette paper away from going further ahead on 58 minutes when Cisak deflected Hylton's effort on to his near post, before somehow clawing out the loose ball, as Jordan Cook was about to pull the trigger.

Orient tried again to get a foothold and with Walton seem-

ingly struggling after suffering a leg injury, Palmer was unlucky to see his 73rd minute effort foiled by the limping keeper.

But within a minute, Hylton put the tie beyond doubt when he fired home from 10 yards after Yvan Erichot blocked Marriott's initial effort.

It should have been three-nil only two minutes later when Hylton set up Gillead, but despite finding himself in acres of space, the winger crashed his 18-yarder wide.

Palmer netted a consolation goal ten minutes from time, crashing home sub Paul McCallum's pass via a flat-footed Walton's far post, before the O's left the pitch to a chorus of boos.

Cavasin admitted: "We have a lot of areas where we need to improve. There were some moments in the match when we needed to take fewer risks. We need to be more consistent."

"We have to keep working on things during the week to make things happen on a Saturday. But more has to happen in the group's mentality."

Goalscorer Palmer said: "It's really disappointing as the confidence is low with us – not having won for a while – and we're not getting the rub of the green. But, no excuses, we've got to start winning games."

"I'm not concerned about our league position. Bristol Rovers were in a similar situation to us last season, and they got automatic promotion. But we need to get up the table soon and stay there."

Orient travel to Hartlepool United on Saturday (kick-off 3pm).

Leyton Orient: Alex Cisak, Nicky Hunt (captain), Yvan Erichot, Tom Parkes, Callum Kennedy, Gavin Massey, Nigel Atangana (Alan Dunne 75), Jens Janse, Sandro Semedo, Ollie Palmer, Jay Simpson (Paul McCallum 68). Unused subs: Sam Sargeant (gk), Ulrich Nnomo, Jordan Bower, Aron Pollock, Zan Benedic.

Luton Town: Christian Walton, Stephen O'Donnell, Scott Cuthbert (captain), Alan Sheehan, Dan Potts, Glen Rea, Cameron McGeehan (Jonathan Smith 83), Jordan Cook (Johnny Mullins 90), Alex Gillead (Jake Gray 90), Jack Marriott, Danny Hylton. Unused subs: Craig King (gk), Pelly Ruddock, Isaac Vassell.

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THE BIG MATCH

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Non-league round-up

Daggers and Braintree through in FA Cup

By Brian Jeeves

DAGENHAM & Redbridge and Braintree Town safely made it through to the first round proper of the FA Cup after seeing off Wealdstone and Bromley respectively in dramatic home ties.

Goals from Fejiri Okenabirhie, Oliver Hawkins and Jordan Maguire-Drew saw the Daggers win a hard fought clash with the Stones at Victoria Road, while the Iron had to fight back from two goals down to see off Bromley 4-2 at Cressing Road. Blair Turgott's double had the visitors in the driving seat, before Michael Cheek 2, Harry Lee and Chez Isaac secured the Iron a place at the next stage.

However, it was the end of the Wembley trail for Billericay Town, who put up a brave fight before going down 3-1 at Maidstone United. Alex Flisher (2) and Tom Murphy were on target for the hosts, Ricky Sappleton's penalty on the hour mark replied for Town.

It was a case of "anything you can do, we can do better" as the region's National League South clubs, East Thurrock United and Chelmsford City, found the art of goalscoring easy in their respective matches.

Kane Ferdinand, Tom Wright, Reece Harris, James Walker and Joe Ellul were all on target as the Rocks hammered Weston-super-Mare by five goals to one at Rookery Hill. However, high-flying Chelmsford City went one better, hitting six without reply at Gosport Borough. Billy Bricknell and Shamir Mullings both hit a brace, while Bagasan Graham and Josh Rees completed the rout for the second placed Claret.

In the Ryman League Premier Division, Phil Kelly (2), Jake Turner and a Sherwin Stanley own goal helped Brightlingsea Regent to an emphatic 4-1 Ryman League Division One North win over Aveley at Mill Field. This after George Pullen had given the Millers an early lead.

Lamar Reynolds (2) and Marcus Milner scored Brentwood Town's goals in a 3-2 victory over Waltham Abbey. Michael Spencer and Darelle Russell replied for the visitors. Maldon & Tiptree were also among the goals as Sam Newson (2), Adam Mills and Liam Nash found the net in a 4-1 win over Ware at the Wallace Binder Stadium. Chinedu McKenzie scored twice and Asher Modeste added another as Romford brushed aside Norwich United by three goals to nil at Ship Lane, and there was a tense 1-1 draw at Chad Fields as Kurt Smith's penalty gave Tilbury and early lead, only for Martyn Stokes to level the score for Bowers & Pitsea soon after.

Aaron Scott and Rakim Richards were on target for Haringey Borough in an exciting 2-2 draw with Witham Town; Nathan Koranteng (penalty) and Lance Akins replying for the north Essex outfit.

However, Great Wakering Rovers were thrashed 4-1 by Cheshunt at Burroughs Park. Joey Stevens, David Cowley, Tom Bruno (penalty) and Adam Bolle on target for the visitors. Tony Jacobs's late goal was of scant consolation for the villagers. Elsewhere, AFC Hornchurch were beaten 1-0 at Soham Town Rangers, Salim Relizani with the only goal in the second period.

In the Essex Senior League, leaders Barking romped to a 7-0 win over Burnham Ramblers, while Barkingside won 4-0 against Southend Manor at the Cricklefield Stadium.

Takeley saw off Haringey & Waltham 3-0, while Hullbridge Sports were 3-1 winners over Clapton at Lower Road. Basildon United picked up a notable 2-1 success at Stansted, and it was the same outcome as London Bari picked up the points at Eton Manor. Waltham Forest were also in form, beating West Essex 3-0.

Selected action from the ProKit UK Essex Olympian League Premier Division, saw Rayleigh Town and Canning Town play out an exciting 3-3 draw, while Harold Wood Athletic were 3-2 winners over Leigh Ramblers.

In Division One, Basildon Town continued their excellent recent form. A brace from Ben Smith, plus goals from Jack Main and Marcus Bowers earned Town their fifth league success on the bounce as Galleywood were beaten 4-1 at the Basildon Sports & Leisure Ground.

Old Chelmsfordians saw off Runwell Sports by five goals to one, while Great Baddow were 3-2 winners at Old Southendian.

Shoebury Town were the big winners in Division Three, thumping Frenford Senior Reserves by seven goals to one.

Abbey crash out of Senior Cup competition

Waltham Abbey 0
Canvey Island 1

CANVEY Island progressed into the next round of the BBC Essex Senior Cup with a narrow victory away to Ryman North side Waltham Abbey on Tuesday evening.

The third round tie was settled by a second half goal from Martin Tuohy in a match that took a while to get going but lived up in the second half.

Manager Danny Heale made three changes from the last outing against Metropolitan Police ten days ago, bringing in Jake Pitty at right back and handing debuts to recent signings Tayshan Hayden-Smith and Harry Morgan.

Ashley Dumas moved inside to partner Steve Sheehan in central defence, with Harrison Chatting dropping in at left back.

The first half was a quiet affair in which neither side managed to put together much flowing football on a difficult playing surface.

The hosts managed to create a good opportunity in the sixth minute when the ball was played through for Gavin Suddell to collect coming in from the right wing. Suddell shot low across goal but Ashley Dumas managed to stick out a foot to prevent it from finding the bottom corner.

Canvey's best chance came on 27 minutes when a throughball released Tuohy in behind the home defence. Tuohy dribbled to the edge of the area before curling a shot with his right foot which went uncharacteristically wide.

Canvey should have taken the lead ten minutes into the second half. Tayshan Hayden-Smith played a perfect ball that cut

through the Abbey defence and allowed George Sykes to bear down on goal having come in from the right. Sykes squared for his strike partner Tuohy, but his goalbound effort was kept out thanks to the right boot of keeper Lewis Lockyer.

The only goal of the game came on 65 minutes when Chatting showed great vision to play Tuohy through on goal with a pass from deep in his own half.

Tuohy displayed good composure to round the keeper before slotting coolly home to score his seventh goal of the season.

Waltham Abbey nearly equalised three minutes later when the lively Suddell sent over a pinpoint cross from the right which found striker Darrell Russell unmarked inside the box.

However, his header went over

the crossbar to squander a golden opportunity.

Canvey could have been awarded a penalty on 72 minutes when right back Michael Spencer slid in on Tuohy inside the box.

The referee blew his whistle, but instead of pointing to the spot he signalled for a free-kick to the home side, much to the bewilderment of Tuohy.

Abbey pushed for an equaliser but failed to test Moore in the Canvey goal. In throwing men forward they inevitably left gaps in defence, something which Joey May nearly capitalised on as the match entered the 90th minute.

May found himself 25 yards from goal with no defenders closing him down, launching a long range effort which Lockyer did well to save diving high to his right.

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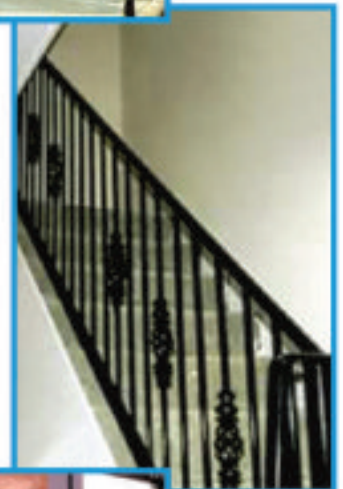
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